Wilmington University

College of Education

Elementary & Secondary School Counseling Master's Program

COURSE NUMBER: MEC 7500 **COURSE TITLE:** Individual Counseling Skills & Strategies (6 credits)

ASCA School Counselor Competencies

The School Counselor Competencies developed by the American School Counselor Association (ASCA) outline the knowledge, attitudes and skills that ensure school counselors are equipped to meet the rigorous demands of the profession and the needs of PK-12 students. The

Active Listening	Rapport Building	Questioning	Cognitive Strategies
Paraphrasing	Reflecting Feelings	Empathizing	
Summarizing	Reflecting Content	Noting Discrepancies	
Reframing	Use of Silence	Positive Regard	

*Note: All clearances (criminal background check, TB and child protective registry) must be completed and on file prior to registering for the course.

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MAJOR INSTRUCTIONAL GOALS:

3-2 Work

7-1 Learn about effective strategies of play therapy and role play play-interview.
7-2 Discuss detailed play therapy interventions; structures play therapy, techniques using natural media, drawing and art techniques, storytelling, board and electronic games.
7-3 Become familiar with the above-mentioned issues by reading and critiquing journal articles which address these topics.

GOAL 8: Be aware of the importance of the counselor's legal and ethical responsibilities and apply principles associated with a pluralistic society. **(ASCA comp: (B-PF 3, 3.a, 3.b, 3.c, 3.d, 3.e, 3.f, 3.g; B-PF 6; B-PF 2)**

Learning Outcomes: The candidate will:
8-1 Become familiar with the ACA and ASCA Documents and Ethical Standards.
8-2 Investigate some of the ethical dilemmas that confront counselors, such as confidentiality, parental rights, diversity, and legal status of children.
8-3 Recognize the influence of the social mores of the local community.
8-4 Demonstrate the ability to appropriately refer students.

Required Assignments and Exams:
The Learning Outcomes are evaluated in the following manner:

Assignments	Max Points	Points earned	Percentage	Grade
Attendance/journals/roleplays	140		20%	
Video Session #1	100		10%	
Video Session #2	100		10%	
Video Session #3	100		10%	
Video Session #4	100		10%	
Video Session #5	100		10%	
SEA -- Research Paper	100			
Video Session #6				

first week’s assignments.

	goals established; Does not accomplish assignment		established, but some are too general; Accomplished basic assignment	most elements of assignment	goals; Highly productive in accomplishing assignment	

Group Member Responsibility

ASCA Comp: II.AII. **mo.5 EMC /P <MCIf98.76 552.36 0.481 0.481 ref99.24 5EMC /PMC /P <MCID 18 BDC -0.002 713.07e553TJ0 Tc 0 Tw 597.**

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Session Structure -- Closing	Summarization of session, (2) Review plan, (3) Termination if appropriate, (4) Evaluation of session(s) assignment	Summarization of session, (2) Review plan, (3) Termination if appropriate, (4) Evaluation of session(s).	Summarization of session, (2) Review plan, (3) Termination if appropriate, (4) Evaluation of session(s).	Summarization of session, (2) Review plan, (3) Termination if appropriate, (4) Evaluation of session(s).	components: (1) Summarization of session, (2) Review plan, (3) Termination if appropriate, (4) Evaluation of session(s).	
Counseling Relationship **ASCA Comp:** **II.B.4** **II.B.4a** **II.B.4b** **II.B.4c** **II.A.4d** **IV.B.3a** **IV.B.3b** **IV.B.3c** **IV.B.3d** **IV.B.3h**	Does not sufficiently develop and deepen the counseling relationship	Shows some ability in establishing counseling relationship	Shows emerging skills in conveying positive regard, warmth, non-judgmental attitude, empathy, genuineness, and congruence	Is adept in conveying positive regard, warmth, non-judgmental attitude, empathy, genuineness, and congruence	Demonstrates an ability to develop and deepen the relationship by displaying empathy, respect, positive regard, authenticity, and congruence	
					Total Rubric Score = 100 **20 points x 5**	

ideas. of ideas. ideas to form new insights. multiple and varied

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