

WILMINGTON UNIVERSITY
COLLEGE OF SOCIAL & BEHAVIORAL SCIENCES
BASIC COURSE INFORMATION
(8/15/12)

COURSE TITLE: Advanced Seminar: Humanistic Counseling

COURSE NUMBER: MHC 8061

I. MAJOR INSTRUCTIONAL GOALS:

GOAL A:

Understand the principles and application of Humanistic Counseling theories in the provision of clinical mental health counseling (CACREP STANDARDS G.5.d, G.8.e, CLINICAL MENTAL HEALTH COUNSELING STANDARDS E3, I3)

Knowledge Learning Outcomes: The student will:

A-1 Understand the role that Humanistic counseling theories play in the selection of clinical mental health counseling treatment strategies and interventions. (G.5.d)

A-1 **Learning Activity:** a) Lecture, reading assignments (i.e. textbooks, relevant scientific literature, clinical case studies), and discussion (classroom and online environments) of Humanistic Counseling theories and b) **Case study assignments** that include integration of Humanistic counseling theories with selected treatment approaches.

A-1 **Outcome Indicator:** a) Achieve a passing grade on the **Final Examination** and b) Achieve a satisfactory rating on: **Dimension 3 - Integration with Non-Humanistic Treatment Strategies on the Humanistic Case Study Scoring Rubric.**

Conceptualization Utilizing Humanistic Principles on the **Humanistic Case Study Scoring Rubric.**

A-3 Understand current literature describing evidence-based treatments that utilize Humanistic Counseling approaches, including strategies and techniques shown to be effective when working with specific populations of clients with mental and emotional disorders. (CACREP STANDARDS G.8.e, CLINICAL MENTAL HEALTH COUNSELING STANDARDS E3, I3)

A-3 *Learning Activity:* **a)** Lecture, reading assignments (i.e. textbooks, relevant scientific literature, clinical case studies), and discussion (classroom and online environments) of Humanistic Counseling theories and **b)** Case study assignments that include a review of current literature describing evidence-based treatments that utilize Humanistic Counseling approaches, including strategies and techniques shown to be effective when working with specific populations of clients with mental and emotional disorders.

A-3 *Outcome Indicator:* A-2 *Outcome Indicator:* **a)** Achieve a passing grade on the **Final Examination** and **b)** Achieve a satisfactory rating on: **Dimension 2 - Selection of Evidence-Based Treatment Strategy on the Humanistic Case Study Scoring Rubric.**

GOAL B:

Use the principles and practices of Humanistic Counseling to provide treatment and prevention of mental and emotional disorders in a culturally appropriate manner. (CLINICAL MENTAL HEALTH COUNSELING STANDARDS D1, F3)

Skills Learning Outcomes: The student will:

B-1 Demonstrate the ability to apply Humanistic Counseling skills in treatment and prevention activities. (D1)

B-1 *Learning Activity:*

B-2 Demonstrate the ability to modify Humanistic Counseling skills to make them culturally appropriate for diverse populations. (