

**MHC 8092**

(06/2019)

**COLLEGE OF SOCIAL & BEHAVIORAL SCIENCES
BASIC COURSE INFORMATION****COURSE TITLE:** Seminar: Consultation for Counselors and CPCE/ NCE Preparation**COURSE NUMBER:** MHC 8092**COURSE DESCRIPTION:** This course introduces students to the theory, research, and practice of professional consultation. Students develop, implement, and evaluate a consultation project to be included in their professional portfolio. Students participate in a consultation exercise to enhance their academic performance.**I. MAJOR INSTRUCTIONAL GOALS:****GOAL A:**

Understand a general framework for the ethical practice of consultation. (CACREP STANDARDS F.1.a, F.1.i, F.5.c; CLINICAL MENTAL HEALTH COUNSELING STANDARDS C.2.a, C.2.j)

Knowledge Learning Outcomes: The student will:**A-1 Understand the definition of consultation and the distinction between counseling and consultation. (F.1.a, F.1.b, F.5.c, C.2.a)**

F.1.a. History and philosophy of the counseling profession and its specialty area
F.5.c. theories, models, and strategies for understanding and practicing consultation

C.2.a. roles and settings of clinical mental health counselors

A-2 Understand the ethical dimensions of consultation. (F.1.i, F.5.c)

F.1.i. ethical standards of professional counseling organizations and credentialing bodies, and applications of ethical and legal considerations in professional counseling

F.5.c. theories, models, and strategies for understanding and practicing consultation

A-3 Understand diversity as it relates to consultation. (F.1.c, C.2.j)

F.5.c. theories, models, and strategies for understanding and practicing consultation
C.2.j. cultural factors relevant to clinical mental health counseling

A-4 Understand various theories and approaches to consultation (F.1.b, F.5.c)

F.1.b. The multiple professional roles and functions of counselors across specialty areas, and their relationships with human service and integrated behavioral health care systems, including interagency and interorganizational collaboration and consultation
F.5.c. theories, models, and strategies for understanding and practicing consultation

Skill Learning Outcomes: The student will:

A-5 Demonstrate the ability to develop a consultation workshop. (C.2.a)

F.5.c. theories, models, and strategies for understanding and practicing consultation
C.2.a. roles and settings of clinical mental health counselors

A-6 Demonstrate the ability to give professional feedback. (F.5.c, C.2.a)

F.5.c. theories, models, and strategies for understanding and practicing consultation
C.2.a. roles and settings of clinical mental health counselors

GOAL B:

Understand the CPCE and NCE exams and develop and implement a personal strategy to maximize performance.

Knowledge Learning Outcomes: The student will:

B-1 Understand the purpose, content, examination format and scoring of the CPCE/NCE exam.**B-2 Understand test taking strategies, test anxiety and attitudes which may affect test preparation and performance.**

Skill Learning Outcomes: The student will:

B-3 Develop a test preparation strategy based on a remediation plan to

improve content knowledge in weak subject areas

B-4 Implement a test preparation strategy based on a remediation plan to improve content knowledge in weak subject areas.