



- B-2 Review several nationally recognized trauma-informed interventions.
- B-3 Analyze how these interventions support trauma-informed values with examples of how they can support healthier outcomes.

Understand how the trauma-informed approach helps support resiliency and recovery.

- C-1 Describe resiliency and the role it plays in the trauma-informed approach.
- C-2 Explain the factors that promote resiliency in individuals, communities, and systems.
- C-3 Explain the biological, psychological, and social factors that influence resilience.
- C-4 Acquire skills and beliefs to implement a strengths-based approach in the one's life and professional work place.
- C-5 Develop a plan to promote resiliency in individuals within organizations.

Understand how cultural, historical, and other issues impact a trauma-informed approach for the best outcomes.

: The student will:

- D-1 Explain the complex and complicated history of service delivery as it pertains to understanding trauma.
- D-2 Compare and contrast the unique experiences of cultural, racial, and ethnic groups as they experience services which are, and are not, trauma-informed.
- D-3 Identify trauma-informed approaches, used locally and nationally, and analyze the specific strategies that seem to be most helpful in customizing any service delivery process for people from various cultural, racial and ethnic groups.

Understand the challenges of integrating trauma-informed approaches, as experienced by a local agency or organization which become trauma-informed.

